

# GOLF BOOT CAMP

**Date Upon Request**  
**UUM Sintok, Malaysia**



## About The Boot Camp

Discover excellence on the green at our Golf BootCamp within UUM's 18-hole golf course and scenic campus. Elevate your game with expert guidance, serene surroundings, and top-notch facilities. Join us for an unforgettable golfing experience in Malaysia's premier destination.

**GROUP \$7,700/PAX**

- A group must consist of at least 5 people and no more than 10
- Available on other dates upon request

## Features

- Comprehensive Golf Lessons
- Personalised Coaching
- Advanced Golf Simulators & Equipment
- In-Depth Golf Play Analysis

## Contact

Centre for International Affairs & Cooperation



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<http://ciac.uum.edu.my>



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# GOLF *BOOT CAMP* @UUM

## ABOUT THE COURSE

Embark on an unforgettable journey of golf mastery and cultural immersion with our 14-day summer program at Universiti Utara Malaysia (UUM). Designed for international students seeking to hone their golfing skills while experiencing the vibrant culture of Malaysia, this comprehensive program offers a perfect blend of expert golf instruction, hands-on practice sessions, and cultural excursions. Participants will delve into the intricacies of golf technique under the guidance of experienced instructors, mastering everything from fundamentals to advanced strategies. Beyond the fairways, they will immerse themselves in Malaysian culture through engaging activities and outings, gaining a deeper appreciation for the region's rich heritage. Join us for an enriching experience that promises to elevate your golf game and broaden your horizons in one of Asia's most captivating destinations.

## LEARNING OUTCOMES

At the end of this course, participants will be able to:

- Demonstrate Proficiency in Golf Fundamentals
- Apply Golf Etiquette and Safety Practices
- Master Various Golf Techniques
- Utilize Mental Skills for Performance Enhancement
- Cultivate Cultural Awareness and Appreciation



## CONTACT HOUR

This course has approximately 100 contact hours. According to the European Credit Transfer and Accumulation System (ECTS), the equivalent credits are 4.



Date	Content	Morning (8:30 – 12:30)	Afternoon (2:00 – 5:00)	Evening (7:00 – 9:00)
Day 1	Arrival Meet & Greet	Airport pickup and transfer to campus	Check-in to accommodations, rest, and settle in	Welcome dinner featuring Malaysian cuisine
Day 2	Campus tour	Campus tour	Orientation session	Free time
Day 3	Fundamental knowledge	Introduction to Golf	Rules of Golf Game	Cultural excursion to a local market
Day 4	Fundamental knowledge	Golf Etiquette and Player Conduct	Golf Fundamentals Equipment	Free time
Day 5	Fundamental knowledge	Golf Operation 1	Golf Operation 2	Cultural Nights
Day 6	Golf Playing Techniques: Short Game	Chipping and Pitching	Chipping and Pitching Hands-on Practice	Free time
Day 7	Golf Playing Techniques: Short Game	Putting	Practice Green Lesson	Traditional Malaysian Cooking Class
Day 8	Golf Playing Techniques: Long Game	Golf Swing	Golf Swing Mechanics	Free time
Day 9	Skill Practice	Golf Swing Hands-on Practice	Practice Drills	Cultural Heritage Walk
Day 10	Advance Techniques	Course Management	Golf Course Facility Management	Free time
Day 11	Advance Techniques	Bunkers Play	Ball Flight Law and Scorecard	Free time
Day 12	Skill Practice	Guided play on golf course	Practice Round	Reflection
Day 13	Tournament	Mini Games Challenge	Mini Games Challenge	Farewell dinner
Day 14	Departure	Transfer to Airport		

# SCHEDULE

## 14 DAYS PROGRAMME





# ASSESSMENTS

**Self-Reflection** – 40%

**Tournament Performance** – 60%

# FEES

**USD 7,700/pax.** This program is exclusively designed for group participation, requiring a minimum of 5 participants to enrol. The program fee covers 13 nights of accommodations, including breakfast at a hotel near the UUM campus and transportation for program-related activities, including airport transfers. Upon arrival, participants will enjoy a complimentary welcome dinner and a farewell dinner on the final night. Please note that the fee does not cover lunch, morning breaks, dinners (except welcome and farewell dinners), personal expenses, or optional activities. Participants should cover their travel expenses from home country to the Sultan Abdul Halim Airport, Alor Setar (AOR), insurance, and visa.

# REQUIREMENTS

## 1. Health Conditions:

- Participants must be in good physical health and free from any medical conditions that may pose a risk during physical activity.
- Participants may be required to provide medical clearance from a healthcare professional indicating their fitness for engaging in golf.

## 2. Golf Equipment:

- Each participant must have their own set of golf clubs for use during practice sessions and on-course play.

## 3. Attire:

- Participants are expected to adhere to appropriate golf attire during all program activities, including practice sessions and on-course play.
- Sleeveless shirts, denim jeans, athletic shorts, and open-toed shoes are typically not permitted on the golf course.

## 4. Language Proficiency:

- Participants should have a basic understanding of English or the language of instruction used during the program to communicate with instructors and fellow participants effectively.

## 5. Insurance:

- Participants must have health and travel insurance coverage for the duration of the programme.