Handbook for international students
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Welcome to the Silesian University of Technology (SUT), a place that, without any doubt, educates successful people. You have chosen a unique opportunity to study engineering in an institution of a worldwide academic reputation and vivid cooperation with major industrial partners.

All of this takes place in Gliwice, Zabrze and Katowice charming cities located in The Upper Silesia, one of the most industrialized regions in Poland and Europe. SUT is a key player in the field of new technologies and innovations. It is here, where new ideas and solutions are brought into life and once applied in the industry, they boost competitiveness not only of Polish firms.

Located not so far from Europe’s well-known capitals like Prague, Berlin and Vienna, and on a junction of two international highways: A1 and A4. SUT is a perfect place to meet people from all around the world, as well as exchange ideas and practises.

Our international team, as well as students from the Erasmus Student Network, are always ready to help and provide you with all the necessary details. However, before you ask for help, please read this guidebook, where you will find all essential information.

Enjoy your stay at SUT and Gliwice!
Poland is one of the largest countries in Europe, a modern and dynamic member of the European Union, where education really counts. It is situated in the middle of the European continent, at the crossroads between West and East. Poland is an ideal place not only for studying, but also travelling. A journey across Poland is a great opportunity to visit historical points of interest, such as monuments and sites listed on the UNESCO World Heritage List, see breath-taking landscapes of mountains, sea, lakes and woods, as well as experience Polish cuisine and hospitality. Compared to other EU countries, the cost of living is a fraction of what a foreign student would have to spend in most of the other European cities.

**About Poland**

**Capital:** Warsaw  
**Language:** Polish  
**Border Countries:** Germany, Czech Republic, Slovakia, Ukraine, Belarus, Lithuania, Russia  
**Population:** 38 million  
**Area:** 322,575 km²  
**Time Zone:** CET (UTC+1) Summer (DST) CEST (UTC+2)  
**Climate:** Summers with mild temperatures and moderately severe winters  
**Currency:** Zloty (PLN, zł)  
**Government type:** Republic, parliamentary democracy  
**Members of:** EU, UN, NATO, OECD, WTO and many other  
**Calling code:** +48

Useful links:  
www.go-poland.pl  
www.tastingpoland.com  
www.poland.travel/en
Upper Silesia

The Upper Silesia region lies in the basin of two rivers: Vistula and Odra, in the southern part of Poland. It borders from the south with Slovakia and the Czech Republic. With almost 5 million inhabitants, it has the highest population density in the country.

Upper Silesia is full of positive energy, coming from ethnic diversity, culture and tourism. Due to dynamic growth of industry, as well as application of the most up-to-date achievements of technology, the Upper Silesia region became known in the whole Europe in the 18th century. Thanks to the industrial development there are a lot of very interesting places to visit here. Many of which belong to the Technology Monuments Route.

PLACES TO VISIT

**Historic Coal Mine GUIDO** in Zabrze with the original 19th century galleries, stables and chambers located 170 and 320 meters below ground. www.kopalniaguido.pl

**Silver Mine and the Black Trout Drift in Tarnowskie Góry**, recently added to the Unesco World Heritage Sites It also offers open-air exhibition of steam engine machines on the premises of the mine. www.kopalniasrebra.pl

**The Palace and Park Complex in Pławniowice** – a beautiful example of residence architecture in Upper Silesia. www.palac.plawniowice.pl

**Tychy Brewery along with the Museum of Brewing Industry**, an attraction not only for beer enthusiasts, where the history of this beverage, dating to 1629, is presented in the most modern way. www.tyskiebrowarium.pl

**Limestone rocks of the Cracow – Częstochowa Jurassic Highland Chain**, with perfect conditions for rock climbing. www.jura.info.pl

**Beskidy** – Mountain ranges of the Silesian and Żywiec Beskids with well-known ski resorts of Szczyrk, Wiśla, Ustroń and Korbielów.

**Palace and forests with bison in Pszczyna** which witnessed the history of the Dukes of Pszczyna and the Upper Silesian conurbation with an industrial legacy of almost 200 years.

**And much more!**

Useful links:
www.slaskie.pl/en
www.slaskie.travel
The nearest airports to Gliwice are: in Katowice (KTW 40km), Kraków (KRK, 100km), Wrocław (WRO, 170km) and Ostrava (Czech Republic, OSR, 95 km). SUT is located near the centre of Gliwice, approximately 1.5 km from the Central Railway Station (15 min. walk, 7 min. by car), a taxi stop and Bus Station. Gliwice has an efficient communication system, which provides convenient local and international connections.

The International Mobility Office arranges airport transfers for students arriving to Katowice and Kraków airports. For the exchange students this service is free of charge. More details are given by the IMO staff.
**ACCESS FROM KATOWICE AIRPORT (KTW)**

The airport has direct flight connections with numerous international destinations, including London, Paris, Rome, Frankfurt, Munich, Dusseldorf, Glasgow, Oslo, Barcelona, Warsaw, operated by both regular and low cost airlines. For more details, visit the airport homepage: www.katowice-airport.com

**BY CAR**
Car rent and taxi service are available at the airport. The route from Katowice airport to Gliwice: motorway A1 to Gliwice; distance: ~40 km, time: ~30 min.

**BY PUBLIC TRANSPORT**
BUS: There is a direct bus from KTW Airport to Gliwice operating by now. For checking the schedule visit: www.tigerexpress.eu

Also there is a daily Airport Bus service offered from Katowice Airport to the centre of Katowice. Bus stop is located at the central railway station in Katowice; travel time: ~40 min; You may buy ticket online: www.pkm.katowice.pl

The easiest way to get from Katowice centre to Gliwice is by train. The trip takes ~40 min. More info, timetables and prices: rozklad-pkp.pl/en

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**ACCESS FROM KRAKÓW AIRPORT (KRK)**

The airport has direct flight connections with numerous international destinations, including London, Paris, Rome, Frankfurt, Munich, Dusseldorf, Glasgow, Oslo, Barcelona, Warsaw, operated by both regular and low cost airlines. For more details, visit the airport homepage: www.krakowairport.pl

**BY CAR**
Car rent and taxi service are available at the airport. The Kraków Airport – Gliwice route: motorway A4, direction Katowice/Wroclaw, toll: ~5 euro, distance: ~100 km, time: 90 minutes.

**BY PUBLIC TRANSPORT**
BUS: public bus service from Wroclaw Airport to the Wroclaw Central Railway & Coach Stations: line 406 operates every 20 minutes every day, travel time: ~30 min.

**TRAIN:** there are many direct trains from Wroclaw Central Station to Gliwice. The journey takes ~2.5 hour. More info, timetables and prices: www.rozklad-pkp.pl/en

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**ACCESS FROM WARSZAW AIRPORT (WAW)**

Main (capital) airport in Poland, with many European and intercontinental destinations, operated by both regular and low cost airlines. For more details, visit the airport homepage: www.lotnisko-chopina.pl

Warsaw also has a second, low cost airport: Modlin Airport. For more details, visit the airport homepage: www.en.modlinairport.pl

**BY CAR**
Car rent and taxi service are available at the airport. The Warsaw – Gliwice route: road no. S8 to Piotrków Trybunalski – road no. 1 south road no. S1 (towards Katowice) – motorway A1 to Gliwice; distance: ~325 km, time: approx. 4 hours.

**BY PUBLIC TRANSPORT**
TRAIN: There is a fast train available to Warsaw Central Railway Station, where you can take direct train to Gliwice; more info on the airport website and www.rozklad-pkp.pl/en

There are a few express trains operating daily on route between Warsaw and Gliwice.


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**RAILWAY CONNECTIONS FROM GLIWICE**

Gliwice has direct railway connections with a lot of major European cities, including Hamburg, Kiev, Lvov and most of major Polish cities. Several connections (with train changes in Katowice) are also available to Vienna, Prague, Budapest, Bratislava, Ostrava etc. More info, timetables and prices: www.rozklad-pkp.pl/en
City of Gliwice

Gliwice is a medium-size city of nearly 200 thousand inhabitants. The city is an important scientific, research and design centre in Poland. Thanks to the Silesian University of Technology, it is the second (after Warsaw) agglomeration of technical intelligence. During the last 20 years, Gliwice has transformed from a city based on heavy industry into a leader in new technologies. Apart from that, Gliwice is also well known for its cultural life. A lot of festivals, concerts, exhibitions and other art activities take place in the town. Numerous famous Polish artists and other interesting people (e. g. Nivea cream inventor) originally came from Gliwice. Results of many surveys show that it is one of the most attractive cities in Poland.

The city has a rich history of nearly 800 years. Throughout that time it has undergone several historic transformations. It was ruled by the Silesian Piast Monarchy, the Kings of Bohemia, the Austro–Hungarian Empire, Prussia and Germany, until the city has again become a part of Poland in 1945.

Gliwice is a unique place, where tradition, multicultural heritage, science and modernity intermingle, creating its one-of-a-kind atmosphere of an attractive place to study and live.

PLACES TO VISIT

- Villa Caro (part of Gliwice Museum) – ul. Dolnych Wałów 8a
  www.muzeum.gliwice.pl
- The Piast Castle (part of Gliwice Museum) – ul. Pod Murami 2,
  www.muzeum.gliwice.pl
- Gliwice Radio Station – ul. Tarnogórska 129
  www.muzeum.gliwice.pl
- Municipal Greenhouse – ul. Fredry 6 (on the area of Chopin Park)
- Upper Silesian Jews House of Remembrance, ul. Księcia Józefa Poniatowskiego 14
- Ruins of Municipal Theatre – Aleja Przyjaźni 18
- Bajka Scene and Amok Cinema – ul. Dolnych Wałów

Useful links: www.gliwice.eu
Academic info

ABOUT THE UNIVERSITY

The Silesian University of Technology (SUT) is one of the most prestigious and top-ranked technical universities in Poland. It is a modern higher education institution with over 70 years of tradition in didactics, research and science. At present, SUT educates nearly 22,000 students on all three levels of study: bachelor, master and doctoral, mainly in the fields of engineering, technology and architecture. All these activities are run in modern laboratories and lecture halls by highly qualified university staff, consisting of 1800 academic teachers. Eleven faculties are located in Gliwice – the main seat of the University – two in Katowice and two in Zabrze.

FACULTIES

- Faculty of Applied Mathematics
- Faculty of Architecture
- Faculty of Automatic Control, Electronics and Computer Science
- Faculty of Biomedical Engineering
- Faculty of Chemistry
- Faculty of Civil Engineering
- Faculty of Electrical Engineering
- Faculty of Energy and Environmental Engineering
- Faculty of Materials Engineering and Metallurgy
- Faculty of Mechanical Engineering
- Faculty of Mining and Geology
- Faculty of Organization and Management
- Faculty of Transport
- College of Social Sciences and Foreign Languages
- Institute of Physics – Centre for Science and Education
INTERNATIONAL MOBILITY OFFICE (IMO)

The International Mobility Office deals with international full degree and exchange students.

STUDY IN ENGLISH FOR EXCHANGE STUDENTS

International exchange and short-term students can choose from a wide range of courses offered in English in almost every field of study available at the Silesian University of Technology. Current offer and information about the admission procedure and necessary documents for exchange students are available at the website: http://incoming.polsl.pl

ENGLISH LANGUAGE REQUIREMENTS

Students, who wish to study at the Silesian University of Technology should know English at least at level B1 for bachelor and B2 for master studies (CEFR scale). We recognize most of the international certificates: IELTS 5 AND HIGHER, TOEFL and FCE.

APPLICATION DEADLINES

FOR EXCHANGE STUDENTS
For the winter semester or full academic year: 1st of June
For the summer semester: 1st of December

FOR FULL DEGREE STUDENTS
For programmes starting in October: 15th of July
For programmes starting in February: 1st of December

ACADEMIC CALENDAR

Winter semester begins on 1st of October and ends in the middle of February. Winter examination session lasts two or three weeks, starting late January. After two weeks of winter holidays, summer semester begins in the second half of February. Courses are delivered from late February till mid of June and are followed by the summer examination session.

Summer holidays last for three months, but only for those who passed all exams during summer session. Those who were not so lucky must retake the exam(s) in September. More information is available on the website: www.mobility.polsl.pl

ACCOMMODATION

Exchange and full degree students have the opportunity to use university accommodation in one of SUT’s dormitories. If you wish to get a room at the dormitory you must justify your answer ‘yes’ to the question ‘do you want to make a room reservation at SUT’s dormitories’ during the application procedure.

Most dormitories offer double or triple rooms shared by students. Bathrooms and kitchens are also shared. Each dormitory has various facilities such as TV room, gym, ping-pong and free internet access. Dormitories are located within the Gliwice campus, few minutes’ walk from the Faculties. An average cost of accommodation in dormitory ranges between 80 – 120 euro monthly per person (depending on room standard). Dormitory deposit (refundable) of 200 euro is required before arrival.

More information can be found on the IMO’s web page (left menu: Accommodation)

VISAS

EU/EEA CITIZENS
European Union (EU) and European Economic Area (EEA) students are allowed in the country upon presentation of their valid ID card or passport.

NON-EU/EEA CITIZENS
All foreign students coming from non-EU/non-EEA countries who wish to study in Poland should obtain Polish visa for study prior to their arrival in Gliwice. They should apply for it in the Polish Embassy or Consulate in their home country.

For more information visit: www.msz.gov.pl/en/p/msz_en

RESIDENCE PERMIT

Students and academics from the EU/EEA countries staying at SUT for more than three months are obliged to obtain temporary residence permit as soon as possible. The residence permit is issued by the Department for Citizenship and Foreigners of the Silesian Voivodship Office.

Students who received visa for the whole period of their stay in Poland do not need to apply for Residence Permit.

For more information please visit www.katowice.uw.gov.pl/english/residence_permit.html
INSURANCE

Health and accident insurance policy is mandatory for all students for the whole duration of their stay in Poland. Third party liability insurance is recommended. EU citizens are eligible for free health care in Poland, provided they present a valid European Health Insurance Card (EHIC). Please note this is only valid for public health institutions and only for a limited scope of medical service. It is strongly recommended to the EU student not to rely only on the EHIC document. Each foreign student coming to SUT will be asked to present his/her insurance certificate upon arrival at the latest. ISIC or EURO<26 card holders should check the scope of insurance included in the card as it may not be necessary to buy another one.

More details on insurance requirements are available on www.mobility.polsl.pl section: practical information.
Studying at SUT

ORIENTATION DAYS

International Mobility Office, in cooperation with Erasmus Student Network, arranges Orientation Days for all incoming foreign students. It is strongly recommended to take part in this event, when one not only meets new colleagues, but also sees the city and region, tastes typical Polish cuisine and gains some more practical knowledge about the university life. Orientation Days take place during the week preceding new semester – detailed programme is provided to each accepted student.

STUDENT ID CARD

Each foreign student enrolled at SUT receives student ID card issued by the hosting Faculty. This card entitles student to gain discounts on public transport and cultural events (cinemas, museums, etc.)

POLISH LANGUAGE & CULTURE COURSE

The semester-based course is offered for free to exchange students. The course programme is prepared and led by highly qualified teachers from the School of Polish Language and Culture and takes place on campus premises in Gliwice – however, students studying at faculties located in Katowice have a chance to take the course there.
STUDENT ORGANIZATIONS

Studying at SUT gives ample opportunities to broaden one's interests. During the academic year the university is vibrant with activities inspired by Students' Self-Government and numerous Student Organisations — there are over 20 of them, complemented by about 100 scientific associations. Moreover, students may join University choir, music band, dance band and theatre.

SPORT FACILITIES

SUT is also an ideal place for sport enthusiasts. There are over 20 different sport sections, such as aerobics, karate, judo, badminton, running, mountain cycling, volleyball, basketball, skiing, handball, chess, contemporary dance, table tennis, triathlon, etc. The main university sport facilities are located at the Gliwice campus.

ERASMUS STUDENT NETWORK: ESN SUT GLIWICE

The ESN section operating at the Silesian University of Technology (ESN SUT) is a member of the European non-profit student organization, which supports the development of exchange programmes and mobility. The main goal of the ESN SUT is to integrate and make international students' stay and study easy and enjoyable. During the academic year, ESN SUT organises a lot of different events, such as: thematic parties, sport challenges, excursions, cultural programmes, etc.

ESN SUT also coordinates many internal projects and activities, helping go through the first days in new country. Travel, get social, learn, and challenge yourself with ESN SUT!

More information available on the ESN SUT’s webpage and on their FB profile: www.facebook.com/erasmusgliwice

Contact: info@erasmusgliwice.pl
www.sut.esn.pl
LOCAL TRANSPORT

Buses and trams:
Gliwice has a good public transportation network (buses). The public bus services in the region are provided by the KZK GOP company, operating in the city and the whole region of Upper Silesia. More information and timetables are available at: www.rozklad-pkp.pl/en

Outside of Gliwice, trams are also a common way of public transport, as popular as buses. Students are entitled to 50% discount on tickets upon presenting a valid student ID card.

Trains:
The Central Railway Station (PKP) in Gliwice is located in the city centre, “15 minutes’ walk from SUT. Timetables and connections are available on the Polish Railways’ (PKP) website: www.pkpsa.pl/en

There are several other companies providing rail service, including:
Koleje Śląskie (KS) – operating in the Upper Silesia region.
Przewozy Regionalne (PR) – regional railway service being the cheapest way to travel outside of the Upper Silesia region.
PKP Inter City (IC and TLK) – operating on longer distances, offering direct connections with many Polish and European cities.

Taxi:
Taxi is the most expensive way to travel. Generally, licensed companies are recommended. There are several taxi operators in Gliwice (RAJ, SEZAM, DRAGON, LUX, etc.). Payment for short distances (e.g. within the city) shall be made in cash, mainly in small bills. The driver may have no change.

TELEPHONES

In order to call Poland from abroad, one shall dial +48 (country code) followed by an appropriate region code, then the individual number.

Let’s take SUT’s International Mobility Office as an example: +48 (country code) 32 (region code) 2371329

Mobile phone services
For longer stays, it is recommended to buy a Polish SIM card. There are 4 major mobile phone operators in Poland: Orange, Plus, T-Mobile and Play. You can buy SIM cards in service providers’ shops or at any newsstand (kiosk).

Emergency phone numbers:
112: general emergency number
997: Police (Policja)
998: Fire Brigade (Straż Pożarna)
999: Ambulance (Pogotowie Ratunkowe)

MEDICAL SERVICES AND PHARMACIES

Public health care providers are usually marked with the NFZ logo. You can also find private medical institutions – especially for dental medical care.

Medical Centres are open from Monday to Friday, usually from 7 a.m. to 6 p.m. During nights, weekends and holidays medical care is provided at appointed health units which have signed contracts for that kind of service. Contact details are available at IMO or any public health care unit.

Medical consultation
Prior registration is required in order to get a medical consultation from the doctor. Valid ID card and health insurance policy or EHIC card shall be presented to the medical assistant to complete the registration process. The medical centre which receives SUT’s students and staff members is located close to the SUT’s campus: ‘Przychodnia Akademicka’, Gliwice, ul. Łużycka 5
Phone: 32 231 53 44

Hospitals
There are few hospitals in Gliwice. In order to get a planned treatment at a hospital, a doctor’s referral is required. In case of a sudden illness, injury, accident, life threat, etc., it is not necessary of course. Valid ID card and health insurance policy or EHIC card shall be presented to the hospital staff in order to avoid being invoiced when the treatment is complete.
List of hospitals in Gliwice:
• VITO-MED Sp. z o. o. ul. Radiowa 2, Phone: 32 302 98 00
• Szpital Wielospecjalistyczny, ul. Kościuszk 1, Phone: 32 238 20 91
• Szpital Miejski nr 4, ul. Zygmunta Starego 20, Phone: 32 461 32 01

Pharmacies
There are many pharmacies in Gliwice, both in the city centre and shopping malls – just look for a place with the word ‘APTEKA’ in its name.
Pharmacy in the city centre open 24/7: CITO, ul. Górnych Wałów 26, Phone: 32 331 42 66

SH oPPinG

There are several shopping centres in Gliwice: Forum, Arena, Europa Centralna and Auchan. The nearest one is Forum, located behind the Central Railway Station: www.forumgliwice.pl
The largest malls are in Katowice: Silesia City Centre www.silesiacitycentre.com.pl and Galeria Katowicka www.galeriakatowicka.eu
Shopping malls are usually open from Monday to Saturday from 9.00 or 10.00 to 21.00, Sunday from 10.00 to 20.00.
CoSt of livinG
Gliwice is not a very expensive town. Prices are definitely much lower than in major Polish cities (Kraków, Wrocław, Łódź, Poznań) or in the capital (Warsaw).

Average prices in supermarkets:
- Bread: 4 PLN
- Butter: 5 PLN
- Milk: 3 PLN/litre
- Tomatoes: 4 – 8 PLN/kilo
- Beer: 3 PLN/0,5 litre
- Cigarettes: 16 PLN

Restaurant meal (two courses + water) ~30 – 50 PLN
Lunch at students’ canteen: ~12 PLN
Pizza: ~25 PLN
Cinema student ticket ~20 PLN

The official currency in Poland: Polish Złoty (PLN)
Exchange rate:
- 1 EUR = ~4,25 PLN;
- 1 USD = ~3,60 PLN
Money can be exchanged in special offices (‘KANTOR’) and banks.

BANKS
A full list of banks operating in Poland is available on the website of the Polish National Bank: www.nbp.pl – many of them have their branches in Gliwice.

It is possible to open a bank account in Poland, however, a valid passport or other ID document (EU members) and residence permit or other document proving your student status are required.

One may open a bank account in PLN or in foreign currency (the most popular: EUR, USD, CHF).

RESTAURANTS, CANTEENS, CAFES
Polish and Upper Silesian cuisine
To taste real Poland means eating out a lot. One traditional Polish dinner and you will see how delicious Polish cuisine is.

Must-eat list includes:
- Dumplings (pierogi) – number 1 on the ‘must-eat’ list, don’t forget to taste them with different fillings: – ‘Russian dumplings’ (pierogi ruskie) filled with cottage cheese and potatoes
- cabbage dumplings (pierogi z kapustą) filled with cabbage and mushrooms
- meat dumplings (pierogi z mięsem) filled with meat
- sweet ones during summer, filled with blueberries, strawberries, etc.
- many other, depending on cook’s imagination
- Borsch (barszcz) – classic beetroot soup, usually served with dumplings filled with mushrooms or meat
- Sour barley soup (zurek) – a soup flavoured with fermented bread, served with potatoes, diced sausages and hard-boiled eggs
- Sauerkraut soup (kapuśniak) – a typical Polish winter soup, based on sour cabbage
- Silesian beef roulade (rolada śląska) – a beef roll stuffed with bacon, pickled cucumber and mustard, served with Silesian dumplings (kluski śląskie) and cooked red cabbage (modra kapusta)
- Hunters strew (bigos) – made with sauerkraut and a variety of meats, smoked meat and mushrooms
- Potato pancakes (placki ziemniaczane) – made from pan-fried grated potatoes

There are many restaurants and cafes in Gliwice. They are mostly located near the Market Square. There are also some student canteens at the campus, e.g. one on Łużycka Street: www.stolowkagliwice.manifo.com, serving meals at prices starting from 1 euro.

Tipping
Paying for a meal at the restaurant do not say ‘thank you’ to the waiter who collects your money. In Poland saying ‘thank you’ to the waiter while paying means the change shall be treated as a tip. Typical tip at restaurants is 10% of the order. However, tipping is not obligatory.

Smoking
Smoking is prohibited in all public places, including hospitals, train platforms, trains and buses (also bus stops), offices and finally restaurants and pubs. Smoking in public space is allowed only in special smoking zones which are clearly marked.

Drinking
Drinking alcohol (including beer) in public places is prohibited except in special areas in restaurants, summer gardens, etc.

POST OFFICE
The main Post Office in Gliwice is located in the town centre, on the Zwycięstwa 28 St. (10 minutes’ walk from the university).
It is open Monday to Friday from 8.00 a.m. to 8 p.m. and on Saturdays from 9.00 a.m. to 1 p.m.

COST OF LIVING
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Lunch at students’ canteen: ~12 PLN
Pizza: ~25 PLN
Cinema student ticket ~20 PLN
<table>
<thead>
<tr>
<th>English</th>
<th>Polish</th>
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<tbody>
<tr>
<td>Good morning</td>
<td>Dzień dobry</td>
</tr>
<tr>
<td>Good evening</td>
<td>Dobry wieczór</td>
</tr>
<tr>
<td>Hello/Hi</td>
<td>Cześć</td>
</tr>
<tr>
<td>Welcome!</td>
<td>Witam!</td>
</tr>
<tr>
<td>Good bye</td>
<td>Do widzenia!</td>
</tr>
<tr>
<td>See you!</td>
<td>Do zobaczenia / Na razie!</td>
</tr>
<tr>
<td>Good night</td>
<td>Dobranoc</td>
</tr>
<tr>
<td>See you tomorrow</td>
<td>Do zobaczenia jutro</td>
</tr>
<tr>
<td>Take care!</td>
<td>Trzymaj się!</td>
</tr>
<tr>
<td>How are you?</td>
<td>Jak się masz?</td>
</tr>
<tr>
<td>What’s up?</td>
<td>Co słychać?</td>
</tr>
<tr>
<td>Fine</td>
<td>Dobrze</td>
</tr>
<tr>
<td>Bad</td>
<td>Źle</td>
</tr>
<tr>
<td>Thank you</td>
<td>Dziękuję</td>
</tr>
<tr>
<td>You’re welcome</td>
<td>Nie ma za co</td>
</tr>
<tr>
<td>Excuse me</td>
<td>Przepraszam</td>
</tr>
<tr>
<td>Please</td>
<td>Proszę</td>
</tr>
<tr>
<td>Do you speak – ?</td>
<td>Czy mówisz – ?</td>
</tr>
<tr>
<td>– English</td>
<td>– po angielsku?</td>
</tr>
<tr>
<td>– German</td>
<td>– po niemiecku?</td>
</tr>
<tr>
<td>– Spanish</td>
<td>– po hiszpańsku?</td>
</tr>
<tr>
<td>– Italian</td>
<td>– po włosku?</td>
</tr>
</tbody>
</table>
Nice to meet you

Miło mi się poznać

Please repeat

Proszę powtórzyć

I understand

Rozumiem

I don’t understand

Nie rozumiem

I know

Wiem

I don’t know

Nie wiem

Could you – ?

Czy możesz – ?

– bring

– przynieść

– do

– zrobić

– give me

– dać mi

– hand me

– podać mi

– help me

– pomóc mi

– tell me

– powiedzieć mi

I am hungry

Jestem głodny / głodna

I am thirsty

Chce mi się pić

Yes

Tak

No

Nie

I love you

Kocham cię

My name is

Mam na imię

---

WHEATHER CONDITIONS

Hot

Ciepło

Cold

Zimno

Wet

Mokro

Dry

Sucho

Foggy

Mglisto

Sunny

Słonecznie

Rainy

Deszczowo

Warm

Ciepło

Cloudy

Pochmurnie

Snow

Śnieg

Umbrella

Parasolka

---

MEALS

Breakfast

Śniadanie

Dinner

Obiad

Supper

Kolacja

Salt

Sól

Pepper

Pieprz
### DIRECTIONS

<table>
<thead>
<tr>
<th>Which way?</th>
<th>W którą stronę?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>W prawo</td>
</tr>
<tr>
<td>Left</td>
<td>W lewo</td>
</tr>
<tr>
<td>Straight ahead</td>
<td>Prosto</td>
</tr>
<tr>
<td>Near</td>
<td>Blisko</td>
</tr>
<tr>
<td>Far</td>
<td>Daleko</td>
</tr>
<tr>
<td>Excuse me, how to get to...</td>
<td>Przepraszam, jak się dostać do...</td>
</tr>
</tbody>
</table>

### TRAVEL

<table>
<thead>
<tr>
<th>Airport</th>
<th>Lotnisko</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bus station</td>
<td>Dworzec autobusowy</td>
</tr>
<tr>
<td>Train station</td>
<td>Dworzec kolejowy</td>
</tr>
<tr>
<td>Bus stop</td>
<td>Przystanek autobusowy</td>
</tr>
<tr>
<td>Taxi station</td>
<td>Postój taksówek</td>
</tr>
<tr>
<td>One way ticket</td>
<td>Bilet w jedną stronę</td>
</tr>
<tr>
<td>Return ticket</td>
<td>Bilet powrotnej</td>
</tr>
<tr>
<td>Round trip ticket</td>
<td>Bilet w obie strony</td>
</tr>
</tbody>
</table>

### FOOD

<table>
<thead>
<tr>
<th>Butter</th>
<th>Masło</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese</td>
<td>Ser</td>
</tr>
<tr>
<td>Oil</td>
<td>Olej</td>
</tr>
<tr>
<td>Cream</td>
<td>Śmietana</td>
</tr>
<tr>
<td>Meat</td>
<td>Mięso</td>
</tr>
<tr>
<td>Fish</td>
<td>Ryba</td>
</tr>
<tr>
<td>Flour</td>
<td>Mąka</td>
</tr>
<tr>
<td>Pasta</td>
<td>Makaron</td>
</tr>
<tr>
<td>Milk</td>
<td>Mleko</td>
</tr>
<tr>
<td>Chicken</td>
<td>Kurczak</td>
</tr>
<tr>
<td>Bread</td>
<td>Chleb</td>
</tr>
<tr>
<td>Rice</td>
<td>Ryż</td>
</tr>
<tr>
<td>Sugar</td>
<td>Cukier</td>
</tr>
<tr>
<td>Salt</td>
<td>Sól</td>
</tr>
<tr>
<td>Pepper</td>
<td>Pieprz</td>
</tr>
<tr>
<td>Tomato</td>
<td>Pomidoro</td>
</tr>
<tr>
<td>Apple</td>
<td>Jabłko</td>
</tr>
<tr>
<td>Potatoes</td>
<td>Ziemniaki</td>
</tr>
</tbody>
</table>

Visit the website: www.mowicpopolsku.com
FURTHER INFORMATION AND CONTACTS

SILESIAN UNIVERSITY OF TECHNOLOGY

International Mobility Office
Ul. Akademicka 2A (building of Mining and Geology Faculty)
Room no. 48
44-100 Gliwice,
POLAND
www.polsl.pl/en
www.mobility.polsl.pl

SECTION FOR FULL DEGREE INTERNATIONAL STUDENTS

https://apply.polsl.pl/
study@polsl.pl
(+48) 32 237 1690

SECTION FOR EXCHANGE STUDENTS

https://incoming.polsl.pl/
mobility@polsl.pl
(+48) 32 237 22 07

See you soon!

NA RAZIE!